Bailey, "My clients have experienced great relief from depression, stress, insomnia and muscle aches and pains. Overall the SOQI bed offers my clients a wonderful opportunity to improve quality of life, health and vigor." Infrared Rays penetrate deep into your body enhancing your circulation and releasing toxins from the cells.

E-POWER - Through this alternative intervention Nutrients, Oxygen and H20 can get in due to changing the body back to a negative potential.

# Rapid Relief Technology-

It is a targeted, high speed vibration therapy. The combination of a short stroke and high frequency delivers quick and effective results for minor aches and pains.

**ERE** – An alternative health approach to foot reflexology enhancing circulation in your feet, relieving STRESS, tension and most importantly – achieve homeostasis.



#### **Our Mission**

To provide a safe haven for all victims of human trafficking from all over South Dakota. We will strive to promote the growth and development of those we serve by empowering them to experience healing and wholeness while ensuring that they gain a sense of self-worth and the motivation to achieve their full potential.

Alternative Pathways to Healing

Relax | Recharge | Refresh

Bring back balance to your autonomic nervous system

Services Offered at Pathfinder Center

**Aromatherapy-** The use of essential oils to enhance psychological and physical wellbeing. It is used for a variety of applications, including pain relief, mood enhancement and increased cognitive function. Pathfinder Center is sponsored by doTerra and all profits from purchases go towards our program.

**Acupuncture-** Most commonly used to treat pain, acupuncture is a technique for balancing the flow of energy believed to flow through pathways in your body to rebalance your energy. Some believe that this stimulation boosts your body's natural painkillers and increases blood flow.

**Uplifting Self Care-** Non-invasive sessions controlled completely by the client. This treatment plan is timeline based with a focus on working through past traumas at the pace designated by the client.

**Ear Candling-** This practice improves general health and wellbeing by lighting one end of a hollow candle and placing the other end in the ear canal.



## Raindrop Technique -

Combines the science of aroma therapy with the technique of vita flex, Reflexology, massage in the application of 9 essential oils applied on various parts of the body to bring structural and electrical alignment, rejuvenating the body and the mind. It is a non-invasive technique that brings balances emotionally. It's a simple way to de-stress.

Chi Machine – This machine allows your body to be harmonized in the figure 8 motion. You will experience instantaneous relaxation due to the return of your spinal curve.

### Photon Light Therapy -

As the light passes through the vials containing botanical extracts they pick up the harmonic vibrations of the botanicals and transmit the photon and botanical energies into the body where the body responds as if the botanicals were actually present. This process stimulates ATP production within the cells and increases intra cellular communication resulting in a feeling of relief, stress and pain reduction.

**Rollga** – A newly designed foam roller. Helps relieve back pain.

**AFT** – Aroma Freedom Technique with Essential Oils. It is a safe simple process to balance your emotions, activate your deepest desire, realize your true potential and to experience a sense of freedom.

### Sand Tray Storytelling-

Hands on psychological work that helps survivors recognize their challenges and gives them the option to make changes.